

## WATER BASED ACTIVITIES

69. Go deep sea fishing with Aquatic Blue Charters, Byron Charters or join Paul's Beach Fishing group.
70. Get a licence at Bruns Bait & Tackle or the BP station tackle shop and throw a hand line off the footbridge.
71. Bring your own tinnie or hire one from Brunswick Buccaneer and take the kids exploring or fishing up the Brunswick River.
72. Pick up a Brunswick River Guide from the Visitor Centre and explore Simpson's Creek, Marshall's Creek or paddle up the river to Mullumbimby.
73. Try a stand up paddle from Brunswick River Kayaks - it's easier than you think!
74. Paddle the river with Brunswick River Kayaks or explore Julian Rocks in Byron Bay with Go Sea Kayaks.
75. Go whale watching beyond the bar with Blue Bay Whale Watching or watch them from the breakwall in season.
76. Take the family to see dolphins, turtles and other marine life with Blue Bay Whale Watching when the whales aren't in season.
77. Hire a surfboard or pick up some gear from Brunswick Surf Shop or learn to surf like a local with Mojo Surf. Swim between the flags on our surf patrolled beach to avoid rips.
78. Float down on your back or a lilo from Torakina all the way to the Simpson's Creek bridge on an incoming tide or spend three hours floating down from Yum Yum Tree Café at New Brighton Post Office on an outgoing tide.
79. Enjoy the river on a Scenic Eco Cruise or go cruisekayaking with Byron Bay Eco Cruises and Kayaks.

## ARTISTIC ENDEAVOURS

80. Visit the Wheel of Life Gallery behind the church or follow the Byron Bay Artist Trail.
81. Chat to Roz at Mina Mina Gallery and learn all about indigenous art.
82. Watch Jill the local jeweller at Artistic Bent create fine pieces.
83. Admire the photos hanging in the shop windows in the Simple Pleasures Photo Competition during September.

## PAMPER YOURSELF

84. Try acupuncture, Chinese herbals, Shiatsu massage or Reiki at Bayside Acupuncture. Have a relaxing massage or beauty treatment at Michaela's or the Mandala Room. Enjoy yoga or massage with Kevin at Aim High Health, a session with Uta from Inspiring Remedial Bodywork or yoga with WizOwl.
85. Have a good hair day at Michaela's Hair and Beauty, The Doll House or with Lisa Rich.
86. Check your health with a naturopath at Brunswick Health Foods or have a treatment at Brunswick Heads Osteopathy.
87. Pick up sun and insect protection from the Brunswick Heads Pharmacy.
88. Make your holiday a truly relaxing experience with help from Holiday Angels with childcare, shopping, washing and ironing.

## CELEBRATE OR ENJOY OUR COMMUNITY FESTIVALS

89. Get married, have a christening or celebrate a reunion or special occasion. Celebrant Teeya Blatt can assist with your wedding ceremony.
90. Enter the athletics carnival in January or the beach run and walk in June.
91. Enter the Fishing Comp at the Fish 'n Chips Festival. (January)
92. Watch chips fly at the unique Woodchop Carnival. (January)
93. Join in the eco-friendly family fun at the Kites and Bikes Festival every second year. (March 2013)
94. Enter the 10km Mullum to Bruns Paddle in fun or challenge sections. (April)
95. Participate in the Old & Gold Festival on the June long weekend.
96. Marvel at the stunning Hot Rods gracing the streets in July.
97. Get the camera out and snap some photos for the 2012 Simple Pleasures Photographic Competition.
98. Cheer the entrants at the family-friendly Brunswick Triathlon or join in one or all three legs. (September)
99. Experience Melbourne Cup Day at the pub or Bowlo, Bruns style. (November)
100. Join in the Twilight Christmas celebrations with Santa and fireworks.

## AND FINALLY

101. Just relax...and enjoy...the Simple Pleasures of Brunswick!

## BEYOND BRUNSWICK

If you have time to take a trip further afield, the following towns are a day trip away by car. Mullum Charters, Vision Walks, Byron Easy Bus, Xcede Bus & Taxis, Coolangatta Byron Airporter or Brunswick Valley Coaches can take you beyond Brunswick. Pocket Guides, Byron and Beyond magazines and the Good Guide, with free maps and information of nearby towns, are available at the Visitor Centre.

Ocean Shores	5 mins	Lismore	40 mins
Byron Bay	15 mins	Tweed Heads	30 mins
Mullumbimby	10 mins	Murwillumbah	40 mins
Newrybar	25 mins	Lower Gold Coast	35 mins
Ballina	35 mins	Gold Coast theme parks	1 hour
Alstonville	40 mins	Brisbane	1.5 hours

Collect a Brunswick Accommodation Guide and plan your next stay in one of the fabulous holiday houses, units and serviced apartments, holiday parks, motels, retreats or the pub.

**Further information and bookings for any of the activities listed are available from the Brunswick Visitor Centre, 7 Park St (6685 1003), where you can also pick up some great souvenirs of your holidays.**



Brunswick Heads. Visitor Centre.

Brunswick Heads. Chamber of Commerce.

CORPORATE  
PARTNERS

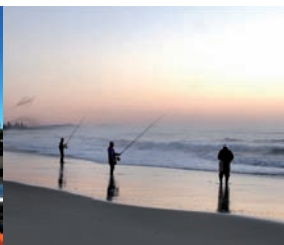


# 101 Things to do in BRUNSWICK HEADS



[www.brunswickheads.org.au](http://www.brunswickheads.org.au)

**Brunswick Heads.** Simple Pleasures.





## RIGHT IN TOWN

1. Pick up a free visitor map and various free guides from the Visitor Centre and find out all about Brunswick's Simple Pleasures from the friendly volunteer team.
2. Window shop or patronise beautiful fashions, home wares and gifts at Mimi & Flo, Oh My Goddess, Peligucci, Silver Dragon, Semi D'Oro, Secondhand Rose, Whatever, Saffron Kitchen Essentials, Fabulous Mrs Fox and The Lucky Duck Gift Shop.
3. Browse the menus of all our 22 eateries with lots of gluten free options. Have a coffee al fresco in a local cafe, enjoy fish 'n chips, freshly baked bread, a casual lunch or fine dining.
4. Stock up for camping at the supermarket or Village Greens.
5. Spend hours fossicking for treasures in Secondhand Rose, Clem's Cargo, Sentimental Treasures, Resould, Fabulous Mrs Fox, Bruns Kids or the 57 shops on the Northern Rivers Secondhand Trail.
6. Wrap yourself in a luxurious towel, treat yourself to a momento or take home a simple pleasures inspired souvenir from the Visitor Centre.
7. Kick back to Sunday afternoon free music or play a game of pool at the family-friendly pub.
8. Buy a book or magazine to read at the newsagent. Exchange or buy a secondhand novel at the Visitor Centre or Clem's Cargo, or browse the shelves of the multi-coloured community library.

## FORGET THE CAR AND USE YOUR LEGS

9. Do the short walking tour of the town with your map from the Visitor Centre.
10. Amble to the end of the breakwall or get up early and watch the sunrise.
11. Walk your dog along the beautiful beach, south of the Surf Club.
12. Take a stroll along the foreshore and over the bridge to the Nature Reserve on the north side and along Oyster Lease Rd.
13. Hire a bike at Brunswick River Kayaks or purchase a cheap exchange bike from Phil and explore the Tour de Bruns or other routes on the 'Biking around Brunswick' map.

## BE A SPECTATOR

14. Watch the boats come in and out of the bar and the surfers from the Brunswick wall early at dawn and dusk.
15. Take a personal tour of the Marine Rescue Tower and learn about the dangers of the bar and the history of the shipwrecks.
16. Watch a local cricket, soccer or footy game at the sportsfield.
17. Watch the sea eagles swoop the beach, listen to the cheers of rainbow bee-eaters or admire the pelican, whose beak holds more than his belly can. Visit the aviary at the Terrace Holiday Park. Find out about the local Byron Bird Buddies group.
18. Take in the breathtaking views over Bruns and beyond from the Ocean Shores lookout.
19. Visit the lighthouse at Byron Bay, Australia's most easterly point and learn about the Cape Byron Marine Park.
20. Peruse the real estate windows and dream about coming back or retiring to Brunswick.

## LAND ACTIVITIES

21. Visit the Brunswick markets on the first Saturday of each month or other town markets every weekend.
22. Stargaze every 1st quarter moon with Starry Night Planetarium.
23. Join the Landcare or Dunecare weed clearing or bush regeneration group one Sunday morning each month and learn all about the native flora and fauna, or sign up for a local Landcare workshop.
24. Picnic under the pines or enjoy a BBQ in the parks and kick a ball or throw a frisbee. Or eat fish 'n' chips from the Fishermen's Co-op or Fish Bar.
25. Try your hand at Bingo on Mondays and Thursdays at the Bowlo or play every night in the Housie Tent over the Christmas holidays in Banner Park.
26. Join the locals for Trivia night on Tuesday at the Bowlo.
27. Hire that DVD you've been meaning to watch from Network Video.

## GET HEALTHY OR STAY HEALTHY

28. Book the tennis court at Splash's ice creams and have a hit or book a lesson.
29. Join a morning or afternoon Bruns Bootcamp session on the beach.
30. Swim laps or lift weights at Bruns Fitness Centre or join the Step into Life outdoor fitness sessions in locations by the river.
31. Have a game of lawn bowls as a visitor at the Brunswick Bowling Club.
32. Walk/ride from Bruns to Byron along the beach (2.5hrs/1hr).
33. Play golf at the internationally recognised Ocean Shores Country Club.
34. Ride a horse along the beach with Pegasus Park Equestrian Centre.

## ADVENTURE ACTIVITIES

35. Enjoy the beauty of the rainbow region on a trip with Byron Bay Microlights operating from the Tyagarah airstrip.
36. Book a dive in the Cape Byron Marine Park with Byron Bay Dive Centre.
37. Join Murray and Dubai the Dingo on a Mystery Dingo Tour.
38. Join a Mountain Bike Tour for a magnificent rainforest or scenic coastal ride.
39. Book a Night Vision Walk and observe our local animals with night vision goggles, or go on a National Park tour.
40. Take your group anywhere for an adventure on a charter bus.

## DAY TRIPPING

41. Experience an array of local fine food and scenery at Eltham Valley Pantry.
42. Delight in the more unusual and exotic fruits, see the animals, take a mini train ride and feed the ducks while cruising on the lake at Tropical Fruit World.
43. Get into the wild at Currumbin Wildlife Sanctuary, weave through the trees on the Green Challenge and watch an indigenous dance performance.
44. Make a day of it for a round of golf in a magical setting at Teven Golf Course.
45. Stop for delicious pastries and coffee at Uncle Tom's Pies on the way to Crystal Castle.

## FOR BUSINESS

46. Book a meeting or conference, entertain your guests or book your events at Dominics, Dolphin Café, Sandbar, Rice Indonesian, the pub, the Bowling Club or Ocean Shores Country Club or organise catering from sushi@bruns or Kristina at Brunswick Health Foods.
47. Use the internet at the Visitor Centre or Network Video, or hook into free wireless broadband at the pub or Sandbar.
48. Book Mullum Charter Bus or Wendy's Vision Walk bus to get your staff to their work function and back safely.

## HISTORY AND NOSTALGIA

49. Visit the Brunswick Valley Historical Society Museum in Mullumbimby on Fridays. Do a one hour self-guided tour of Bruns. Buy a historical book at the Visitor Centre and learn all about our fascinating local history.
50. Appreciate the 1940's architecture and authentic decor at the Hotel Brunswick. Admire the old photos depicting Brunswick last century in the pub foyer or at the bakery.
51. Check out Darryl Bashforth's amazing collection of old bikes and trikes and his Bren gun carrier at the Old and Gold Festival in June.
52. Wander through the gravestones in the old cemetery at Pilgrim Park and visit the resident roosters and chickens (but don't feed them).
53. Check out the old trawlers in the small fishing fleet at the Brunswick Boatharbour.

## KIDS' STUFF

54. Fly a kite in the park or on the beach. Kites and DIY kite kits are for sale at the Visitor Centre.
55. Meet all the other kids at the Banner Park riverside playground.
56. Build sandcastles on the beach and enter the competition in January.
57. Ride your skateboards, bikes and scooters at the Bruns skatepark.
58. Look out for crabs and other sea creatures on the beach and in the river at low tide.
59. Join in story time at the Library on Monday mornings at 10.30.
60. Enjoy nostalgic rides and stalls at McGregor's Family Carnival in Banner Park in December and January.
61. Treat the kids to an authentic Italian gelato at Bernardi's Gelato.
62. Try the trapeze and other circus fun with Circus Arts at Byron Arts and Entertainment Centre.
63. Visit the new stupa, gardens, buddha, labyrinth, crystal displays and cafe at the magnificent Crystal Castle behind Mullumbimby.
64. Meet Diesel the hand-reared wombat, hand feed the kangaroo family, stroke the rabbits, ride the train and play mini golf at Macadamia Castle.
65. Get lost in a maze and try all the indoor puzzles at Amaze 'n' Place.
66. Take the kids to Torakina Beach, one of the most child-friendly beaches in the Northern Rivers.
67. Travel light - hire the car seat, pram, stroller, cot and even toys by the week from Bruns Kids.
68. Try out the delicious fare, cute kids clothes and treat the kids to a babycino at child friendly café, Cino Bambino.

