

## ARTISTIC ENDEAVOURS

66. Visit Lucy Vanstone's ceramic workshop and gallery at Wheel of Life Studios behind St Thomas church.
67. Chat to Roz at Mina Mina Gallery and learn all about indigenous art from an expert.
68. Watch Jill, the local jeweller at Artistic Bent create fine pieces.
69. Admire the photos hanging in the shops windows in the Simple Pleasures Photo Competition during September.
70. Explore 15 studios and galleries on the Byron Bay Artist Trail.
71. View the latest exhibition (and the great view) at the Tweed Art Gallery at Murwillumbah.

## PAMPER YOURSELF

72. Try acupuncture, Chinese herbals, Shiatsu massage or Reiki at Bayside Acupuncture.
73. Get a pampering or therapeutic massage from Tah'i's or Michaela's in town or Kiva Spa, the Mandala Room or Magenta Massage in nearby Mullumbimby.
74. Have a relaxing beauty treatment at Helene's, Tah'i's or Michaela's salons, including facials, waxing, manicures & pedicures.

## FOR BUSINESS

75. Book a meeting or conference, entertain your guests or treat your staff to a night out, summer BBQ or Christmas party.
76. Use the internet at the Visitor Centre or Network Video, or hook into free wireless internet at the pub or Sandbar.

## KID'S STUFF

77. Fly a kite in the park or on the beach. Kites and DIY kite kits to make up and paint are for sale at the Visitor Centre.
78. Meet all the other kids at the Banner Park riverside playground.
79. Build sandcastles on the beach or in the river at low tide.
80. Look out for crabs and other sea creatures on the beach and at low tide in the soft river sand.
81. Join in story time at the Library on Monday mornings.
82. Have loads of fun indoors at Byron Kid's World.
83. Enjoy nostalgic rides and stalls at McGregor's Family Carnival in Banner Park (December - January each year).
84. Treat the kids to an authentic Italian gelato at Bernardi's Gelato.
85. Try the trapeze and other circus fun with Circus Arts at Byron Arts and Entertainment Centre.
86. Visit the giant buddha, labyrinth, crystal displays and cafe, or have an aura photo or reading taken at Crystal Castle.
87. Stroke a rabbit on your lap, touch baby chicks, ride the train or play mini-golf at Macadamia Castle.
88. Get lost in a maze and try all the indoor puzzles at Amaze 'n' Place.
89. Visit the House With No Steps working farm with waterspray park, playground, historical museum, wood crafting and cafe.

## CELEBRATE

90. Get married, have a christening ceremony by the river or celebrate an anniversary, reunion or special occasion in the park. Or book your event at the Dolphin Cafe, Sandbar, Dominic's, the pub or Bowling Club.
91. "Shoot the kids" or have the family portrait taken by Tree Fairy Photos while you are all relaxed and having fun.
92. Enter the Fishing Comp at the Fish 'n Chips Festival (January).
93. Watch chips fly at the unique Woodchop Carnival (January).
94. Join in the Kites and Bikes Festival every second year (March 2011).
95. Participate in the Old and Gold Festival on the June long weekend.
96. Enter the Mullum to Bruns walk or run (first Sunday in August).
97. Get the camera out and snap some photos for the 2010 Photo Competition. Entries close July 2010.
98. Cheer the entrants at the family-friendly Brunswick Triathlon or join in one or all three legs (September).
99. Experience Melbourne Cup Day at the pub, Bruns style (November).
100. Join in the Twilight Christmas celebrations (Wed before Christmas).

## AND FINALLY

101. Just relax...and enjoy...the Simple Pleasures of Brunswick!

## BEYOND BRUNSWICK

If you have time to take a trip further afield, the following towns are an easy day trip away by car. Mark's Boomerang Bus will take your group or you can hire a Harmonics Car Rental car.

Ocean Shores	5 mins	Lismore	40 mins
Byron Bay	15 mins	Tweed Heads	30 mins
Mullumbimby	10 mins	Murwillumbah	40 mins
Newrybar	25 mins	Lower Gold Coast	35 mins
Ballina	35 mins	Gold Coast theme parks	1 hour
Alstonville	40 mins	Brisbane	1.5 hours



Further information and bookings for any of the activities listed in the brochure are available from the Brunswick Visitor Centre, 7 Park Street, 02 6685 1003, where you can also pick up some great holiday souvenirs.

Collect a Brunswick Accommodation Guide and plan your next stay in one of our 58 holiday properties, 3 holiday parks, 3 motels or the pub.

Brunswick Heads Chamber of Commerce.



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Brunswick Seaside Holidays

# 101 Things to do in BRUNSWICK HEADS



[www.brunswickheads.org.au](http://www.brunswickheads.org.au)

**Brunswick Heads.** Simple Pleasures.



## RIGHT IN TOWN

1. Pick up a free visitor map and various free guides from the Visitor Centre and find out all about Brunswick's Simple Pleasures from the friendly volunteer team.
2. Window shop or patronise our gorgeous little shops for gifts or ideas.
3. Spend hours fossicking for treasures in Secondhand Rose, Clem's Cargo, Sentimental Treasures, Resould, Bruns Kids, Bower Bird or the 57 shops on the Northern Rivers Secondhand Trail.
4. Browse the menus of all our 22 eateries. Have a coffee al fresco in a local cafe, enjoy fish 'n chips, a casual lunch or fine dining.
5. Taste the local produce, and buy some macadamias, coffee, muesli and cookies from the Visitor Centre to take home.
6. Kick back to Sunday afternoon free music at Australia's top family pub or the Saturday afternoon summer soloist at Sandbar.
7. Play a game of pool at the Hotel Brunswick.
8. Surf the net at the video store or the Visitor Centre.
9. Buy a book to read at the newsagency, exchange or buy a secondhand novel at the Visitor Centre or Clem's Cargo, or browse the shelves of the multi-coloured library.

## FORGET THE CAR AND USE YOUR LEGS

10. Do a walking tour of the town with your free map from the Visitor Centre.
11. Amble to the end of the breakwall and don't look back until the very end to experience the breathtaking view.
12. Get up early and watch the sunrise on the beach or breakwall.
13. Walk your dog along the beautiful beach south of the Surf Club.
14. Take a stroll along the foreshore, over the bridge to the Nature Reserve on the north side and along Oyster Lease Rd.
15. Hire a bike from the Visitor Centre and explore the Tour de Bruns or other routes in the 'Biking around Bruns' pocket guide.

## LAND ACTIVITIES

16. Visit the Brunswick markets on the first Saturday of each month or other town markets every weekend.
17. Stargaze on a clear night with Starry Night Planetarium.
18. Join the Landcare or Dunecare weed clearing or bush regeneration group one Sunday morning each month and learn all about the native flora and fauna, or sign up for a local Landcare workshop.
19. Picnic under the pines or enjoy a BBQ in the parks and kick a ball or throw a frisbee. Or eat fish 'n chips from the Fishing Co-op or Fish Bar.
20. Try your hand at Bingo on Mondays and Thursdays at the Bowlo or play every night in the Housie Tent over the Christmas holidays in Banner Park.
21. Join the locals for Trivia night on Tuesday at the Bowlo.
22. Hire that video from Network Video you have not got around to watching yet.

## BE A SPECTATOR

23. Watch the boats come in and out of the bar and the surfers surf from the Brunswick wall early at dawn and dusk.
24. Take a personal tour of the Marine Rescue Tower and learn about the dangers of the bar and the history of the shipwrecks.
25. Enjoy a local cricket, soccer or footy game at the sportsfield.
26. Watch the sea eagles swoop the beach, listen to the cheers of rainbow bee-eaters or admire the pelican, whose beak holds more than his belly can; or visit the aviary at the Terrace Caravan Park.
27. Take in the breathtaking views over Brunswick and beyond from the Ocean Shores lookout.
28. Visit the lighthouse at Byron Bay, Australia's most easterly point and learn about the Marine Park.
29. Peruse the real estate windows and dream about coming back or retiring to Brunswick.

## HISTORY AND NOSTALGIA

30. Learn about our indigenous heritage and culture on an Aboriginal Cultural Concepts Heritage Tour with Lois, or view the displays at the Cape Byron Lighthouse.
31. Visit the Brunswick Valley Historical Society Museum in Mullumbimby on Fridays or buy a historical book at the Visitor Centre and learn all about our fascinating local history.
32. Appreciate the 1940's architecture and authentic decor at the Hotel Brunswick. Admire the old photos depicting Brunswick last century in the pub foyer or at the bakery.
33. Check out Darryl Bashforth's amazing collection of old bikes and trikes and his Bren gun carrier at the Old and Gold Festival on Saturday of the June long weekend.
34. Wander through the gravestones in the old cemetery at Pilgrim Park and visit the resident community of roosters and chickens (but don't feed them).
35. Check out the old trawlers in the small fishing fleet at the boatharbour.

## ADVENTURE ACTIVITIES

36. Float over the Brunswick Valley in a balloon with Byron Bay Ballooning.
37. Book a dive in the Cape Byron Marine Park with Byron Dive Centre.
38. Experience a guided tour of the villages beyond Brunswick on the back of a trike with Northern Rivers Bike and Trike Tours.
39. Experience the Byron Sensations Tour - see, taste and feel Byron in a day.
40. Join a Mountain Bike Tour of the magnificent hinterland.
41. Book a Night Vision Walk and observe our local wildlife with night vision goggles, or go on a National Park Tour.
42. Try the Byron Twin Adventure with Boomerang Bus - enjoy a morning surf lesson in Byron Bay and an afternoon Nimbin Tour.

## GET HEALTHY OR STAY HEALTHY

43. Book the tennis court at Splash's ice creamery and have a hit or book a lesson.
44. Join an early morning Spirit Bootcamp session on the beach.
45. Stretch at a Dru Yoga class with Joyce or try Hatha Yoga with Karen.
46. Swim laps in the 15m indoor pool or join an aqua aerobics class at the Brunswick Health and Recreation Centre.
47. Play a game of squash or volleyball, lift some weights or join a fitness class at the Brunswick Recreation Centre.
48. Have a game of lawn bowls as a visitor at the Bowling Club.
49. Walk from Bruns to Byron along the beach (2.5hrs) or ride (1hr).
50. Play golf at the Teven Golf Course or at the internationally reknown Ocean Shores Country Club.
51. Ride a horse along the beach with Pegasus Park Equestrian Centre.
52. Check your health with a naturopath at Brunswick Health Foods.

## WATER BASED ACTIVITIES

53. Go deep sea fishing with Aquatic Blue Charters or join Paul's Beach Fishing Excursion.
54. Throw a hand line off the bridge and catch a fish (with a licence).
55. Bring your own tinnie or hire one from Brunswick Buccaneer and take the kids exploring or fishing up the Brunswick River.
56. Hire a canoe from Brunswick Buccaneer or launch your own and explore Simpson's Creek, Marshall's Creek or paddle up the river to Mullumbimby with a Brunswick River Guide. Take a canoe tour or hire a canoe from Pegasus Park.
57. Hire a pontoon and chill out with friends with a BBQ on the river.
58. Join a whale watching tour with Byron Eco-Charters or Byron Bay Dive Centre or watch them play from the breakwall in season.
59. Take the family on a Sea Adventure Tour with Byron Eco-Charters and see dolphins and turtles and other marine life.
60. Snorkel with turtles at Julian Rocks with Byron Bay Dive Centre.
61. Take the kids to Torakina Beach (one of the most child-friendly beaches in the Northern Rivers), to Memorial Park Beach, or swim between the bridges over Simpson's Creek on a full or outgoing tide.
62. Hire a surfboard from Brunswick Surf Shop or learn to surf like a local on Brunswick beach.
63. Swim between the flags on our surf patrolled beach to avoid rips.
64. Float down on your back or a lilo from Torakina all the way to the Simpson's Creek bridge on an incoming tide, or spend 3 hours floating down from New Brighton Post Office on an outgoing tide.
65. Catch yabbies and worms in the river at low tide.

