ARTISTIC ENDEAVOURS

- Browse the Visitor Centre for merchandise from our local artists including Art By Sharni, Laura Luke, Local Elder Oral Roberts and Potts and Annie.
- Print out your holiday snaps to create your own postcards and lasting memories at Print Rescue.
- Check out the Youth Seat made from earth bags at the Bruns Skate Park and admire the handy work of local artists and students.
- Perch yourself on the gorgeous mosaic seat outside the Catholic Church on Tweed St, depicting local flora and fauna.
- Admire the photos hanging in the shop windows in the Simple Pleasures Photo Competition during September.
- 73. Discover music listen to vinyl on the old school record player or book a piano, sax or quitar lesson at Valiant Music.

PAMPER YOURSELF

- 74. Need a haircut? Pop into Electric Mermaid and enjoy the retro atmosphere and meet Avalanche the cutest little Cairn Terrior in town
- Try acupuncture, Chinese herbals, sound therapy or Reiki at Bayside Acupuncture.
- Enjoy a remedial massage, osteo or cranial sacral treatment from Brunswick Heads Osteopathy.
- 77. Relax with a soothing massage from Brunswick Heads Massage.
- 78. Treat yourself to a new look at hair stylist, Social Alibi.
- Unwind with Yin Yoga, Kahuna Bodywork, a massage, an acupressure facial, or a Reformer Flow Pilates class, a wellbeing space for all at The Corner in New Brighton.
- 80. Visit Ocean Shores Kinesiology for Remedial Massage, Kinesiology and Flower Essences.

ENJOY OUR COMMUNITY FESTIVALS & EVENTS

- 81. Get married, have a christening or celebrate a reunion or special occasion.
- 82. Make getting to events and festivals easier with Byron Bus Co.
- 83. Watch chips fly at the unique Woodchop Carnival (Jan) and join in the fishing comp.
- 84. Roll up to the Brunswick Picture House mixed arts venue for live theatre and cabaret, kids shows, circus performances and films.
- 85. Enter the 10km Mullum2Bruns Paddle fun or challenge sections (May).
- 86. Hunt for treasure at the award-winning Old & Gold Festival (June long wknd).
- 87. Marvel at the stunning 'Back to Bruns' Hot Rods gracing the streets (July).
- 88. Enter the Byron to Bruns walk or run along the beach (August).
- 89. Get the camera out and snap some photos for the 2024 Photo Competition.
- 90. Experience Melbourne Cup Day at the pub, Bowlo or Ocean Shores Country Club, Bruns style (Nov).
- Attend one of our famous local music festivals, Blues Fest (Easter),
 Falls Fest (Dec/Jan), Splendour in the Grass (July).
- 92. Enjoy old fashioned fun at the McGregors Carnival during the Christmas School holidays.



DAY TRIPPING

- Visit the lighthouse at Byron Bay, Australia's most easterly point. Traverse the Cape Byron Walking Track (1.5 hour).
- Delight in unusual and exotic fruits, see the animals, take a mini train ride and feed the ducks while cruising on the lake at Tropical Fruit World.
- 95. Head into Byron Bay and visit Habitat in the industrial centre, great food and specialty shops. Head further into town and enjoy lunch at Beach Byron Bay café right on the beach.
- 96. Pick up a 17 Things to Do in Mullumbimby from the Visitor Centre and explore the "Biggest Little Town in Australia" including the Sculpture Walk and the nearby Crystal Castle, housing the biggest crystals in the world.
- 97. Head to the Ocean Shores Country Club and enjoy a cocktail on the new deck with the best views on the coast.
- Wind your way north over the Burringbar Range to visit Tweed Regional Gallery and the Margaret Olley Art Centre.
- 99. Book a tour of Husk Distillers in the heart of the Tweed Caldera and enjoy a rum cocktail for happy hour, or drop in for lunch at the beautiful Tweed River House on the river at Murwullimbah.
- 100. Drop into Stone & Wood brewery's tasting room at the Byron Arts & Industry Estate or pop over to Mullumbimby and stop in at Wandana Brewery. Great beer and live music.

AND FINALLY

101. Just relax...and enjoy...the Simple Pleasures of Brunswick Heads!

BEYOND BRUNSWICK

If you're flying into Gold Coast Airport, hire a vehicle at Economy Rental Cars. Daily flights also operate from Ballina/Byron Gateway Airport. Transport to and from the airports to your accommodation can be booked within the Visitors Centre for transfers with Byron Easy Bus, Byron Bus Company and Weddings, Parties Anything. Local bus services are Blanchs' Bus Services & Brunswick Valley Coaches. If you have time to take trip further afield the following towns are a short distance away. Pick up the Byron and Beyond magazine with information about our nearby towns.

Ocean Shores	5 mins	Tweed Heads	30 mins
Byron Bay	15 mins	Murwillumbah	40 mins
Mullumbimby	10 mins	Currumbin	35 mins
Ballina	35 mins	Gold Coast theme parks	1 hou
Alstonville/Lismore	40 mins	Brisbane	1.5 hours

Collect a Brunswick Accommodation Guide and plan your next stay in one of the fabulous holiday houses, units and serviced apartments, holiday parks, motels, and retreats.



Brunswick Heads. Visitor Information Centre.

For further information, bookings and souvenirs, drop in to the Visitor Information Centre at 7 Park St, ph 6685 1002.



CORPORATE PARTNERS



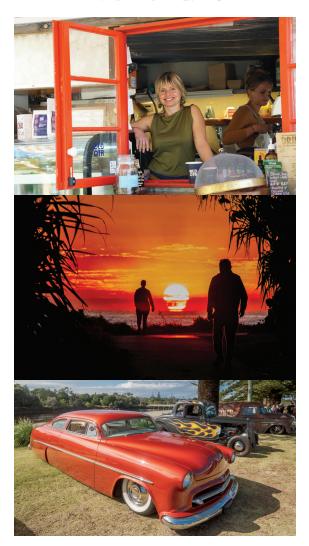






Brunswick Heads. Chamber of Commerce

101 things to do in BRUNSWICK HEADS



Brunswick Heads. Simple Pleasures.

www.brunswickheads.org.au

RIGHT IN TOWN

- Pick up visitor maps and guides from the Visitor Centre and find out all about Brunswick's Simple Pleasures from the friendly volunteer team.
- Enjoy fresh local seafood from I'm a Catch. Pick up at Reflections Ferry Reserve on Saturday mornings.
- Take home beautiful homewares or gifts from Saffron Home Essentials, Bruns Post Office or the Visitor Centre.
- Have a coffee, breakfast, lunch or dinner at the pub, Footbridge, Sticky Fingers, Dolphin Café, Brunz Indian, Yami, Bernardi's Gelato, In The Pink, Saint Marie's, Old Maids, Bruns Bakery, BK's or walk over the footbridge to Rosafina's.
- Stock up the pantry or picnic hamper at the IGA Supermarket or Brunswick Health Foods.
- Fossick for vintage and retro treasures in Resould, Valiant Music, Miss Brown's Vintage, Op Shops and the Old and Gold Festival on the June long weekend.
- Shop for a Brunswick Heads souvenir towel, t-towel, t-shirt and check out range of made in Bruns inspired merchandise at the Visitor Centre.
- 8. Enjoy a drink in the beer garden at the Hotel Brunswick or catch a show at the Brunswick Picture House.
- Pick up a newspaper or magazine at the Post Office or Ampol, or a secondhand novel from the Visitor Centre.

FORGET THE CAR AND USE YOUR LEGS

- 10. Do a walking tour of the town with your free map from the Visitor Centre.
- 11. Amble to the end of the breakwall or get up early and watch the sunrise.
- 12. Walk your dog along the beautiful beach south of the Surf Club.
- Take a stroll along the foreshore and over the highway bridge to the Nature Reserve on the north side and along Oyster Lease Rd.
- 14. Grab an Historical Walks map from the Visitor Centre.

BE A SPECTATOR

- 15. Watch the boats come in and out of the bar and spot dolphins and whales from the Brunswick breakwall early at dawn and dusk in season.
- Take a personal tour of the Marine Rescue Tower and learn about the dangers of the bar and the history of the shipwrecks.
- 17. Enjoy watching a local cricket, soccer or footy game at the sportsfields.
- Find out about the local wildlife by taking a tour with award winning Vision Walks. Book these and other tours through our website www.brunswickheads.org.au..
- Take in the breathtaking views over Bruns and beyond from the Ocean Shores lookout at Devine's Hill.
- Peruse the windows of Elders, North Coast Lifestyle Properties, LJ Hooker and Byron Shire Real Estate agencies and dream about coming back or retiring to Brunswick Heads.

LAND ACTIVITIES

- Visit the Bruns markets (1st Sat of month), the North Byron Farmers' markets in New Brighton (Tue) and Mullumbimby (Fri).
- 22. Take a tour of the new Northern Rivers Rail Trail with Better By Bike.
- 23. Enjoy fish n chips overlooking the river at Hotel Brunswick.
- Play Bingo on Monday, Trivia night on Tuesday or enjoy a game of barefoot bowls on Sunday at the Brunswick Bowling Club.
- Pitch a tent at one of our three riverfront Reflections Holiday Parks Terrace Reserve, Massy Greene or Ferry Reserve.
- 26. Picnic or BBQ in the parks and kick a ball or throw a frisbee.
- 27. Enjoy the Housie Tent and McGregors Family Carnival in Banner Park with the kids over the Christmas School Holidays.

HEALTH & WELL BEING

- 28. Visit Brunswick Heads Medical Centre, Brunswick Heads Pharmacy or The Little Dispensary for health & wellbeing advice.
- 29. Experience sound therapy and reiki at Bayside Accupuncture.
- Hire a surfboard, boogie board or SUP from Brunswick Surf and exercise the fun way!
- Discover the benefits of holistic health and excellent healthy vegan and vegetarian food at Brunswick Health Foods.
- 32. Enjoy a massage at Brunswick Heads Massage in the centre of Bruns.
- 33. Walk/ride from Bruns to Byron along the beach (2.5hrs) or ride (1hr).
- 34. Play golf at the internationally recognised Ocean Shores Country Club.

WATER BASED ACTIVITIES

- 35. Enjoy the natural beauty of the Brunswick River on a sunset Rainforest River Cruise. A must do!
- Get a fishing licence at Bruns Beach, Bait & Tackle and a river map from the Visitor Centre.
- 37. Snorkel Julian Rocks with Out of the Blue Adventures.
- Head out on a whale watching cruise (in season) with Wild Bryon or Out of the Blue Adventures out of Brunswick Heads. If heading to Byron try Byron Bay Whale Watching.
- Join a stand up paddle tour of the Brunswick River with Let's Go Surfing.
 Or if in Byron with Cape Byron Kayaks. Pick up a brochure or paddle/canoe book at the Visitor Centre.
- 40. Go Snorkelling with Wild Byron or whale watching in season. Ask them about their beautiful rainforest tours too!
- 41. Swim between the flags at our patrolled surf beach to avoid rips.
- 42. Learn to surf like a local with Let's Go Surfing.

ADVENTURE ACTIVITIES

43. Take a tour of the Northern Rivers Rail Trail with Better By Bike. Tours can be booked through our website www.brunswickheads.org.au Hire an e-bike or mountain bike and ride the extensive 46km of trails in the Whian Whian National Park.

- 44. Book a dive or snorkel tour with Wild Byron or Out of the Blue Adventures.
- Experience the hinterland, waterfalls, magical glow worms, meditation, music and delicious vegan meal with Byron Conscious Tours.
- 46. See and do more at Currumbin Wildlife Sanctuary. For those who dare, try the Tree Top Challenge Croc Shock, where you zip line over crocodiles.
- 47. Make the jump and see Bruns from the air with Skydive Australia.
- Take a walk and wildlife tour, including the popular Bush Tucker Walk with Vision Walks.
- 49. Join a trail ride with Zephyr Horses in Byron Bay.

KID'S STUFF

- Pick up your Fairy Trail clues from the Visitor Centre and discover fairy houses nestled into nature and interesting places around town.
- 51. Kids love soccer? Join a game with Brazil Kidz Football in Ocean Shores.
- Go swimming and build sandcastles at Torakina Beach perfect for families.
- 53. Ride your skateboards, bikes and scooters at the Bruns Skatepark.
- 54. Join in story time at the Library on Monday mornings at 10.30am.
- Enjoy nostalgic rides and stalls at McGregor's Family Carnival in Banner Park in December and January.
- 56. Treat the kids to a delicious gelato at Bernardi's or In the Pink.
- 57. Try the trapeze and other circus fun with Circus Arts Byron Bay.
- Discover Crystal Castle and Shambhala Gardens. A magical place of giant crystals, sacred statues, stunning gardens, unique jewellery, fresh food. Kids can now sit inside the Dragon's Egg crystal cave.
- Take a ride on the world's first solar train from Byron Industrial Estate to Byron Centre.
- Pick up some games for rainy days from the Visitor Centre or the new Adventure Club toy store on The Terrace.
- 61. Enjoy the great line up of kids entertainment at the Brunswick Picture House.
- 62. Visit Hosanna Farmstay and pat the calves, goats, horses, bunnies and guinea pigs. Jump off the diving board into the dam.

HISTORY AND NOSTALGIA

- Visit the Brunswick Valley Historical Society Museum in Mullum on Tuesdays and Fridays and every 3rd Saturday during the Local Market.
- Do a one hour self-guided tour of Bruns. Learn about our fascinating local history from the Visitor Centre.
- 65. Appreciate the 1940's architecture and decor at the Hotel Brunswick.
- 66. Rest weary legs and learn some local history on our town seats at the Skate Park, Frank Mills seat outside the IGA, mosaic seat outside the Catholic Church and the fishing seat at the boat harbour.
- 67. Wander through the gravestones in the old cemetery at Pilgrim Park.

