

WATER BASED ACTIVITIES

68. Enjoy the natural beauty of the Brunswick River on a Rainforest River Cruise. Morning and sunset tours plus all day trips available. A must do!
69. Get a fishing licence at the BP service station, KCs Takeaway, Ferry Reserve or the IGA Supermarket.
70. Bring your own tinnie or hire one from Brunswick Buccaneers and take the kids exploring or fishing up the Brunswick River.
71. Go out through the Bruns bar for whale watching with Blue Bay Whale Watching or take the family to see the dolphins, turtles and other marine life all from the breakwall.
72. Hire a canoe or kayak from Brunswick Buccaneers, or launch your own and explore Simpson's Creek, Marshalls Creek or paddle up the river to Mullumbimby.
73. Paddle alongside expert guides on a tour of the Brunswick River with Go Sea Kayak. Enjoy an easy 2 hr nature tour, a full moon tour or a 9km paddle from Mullumbimby to Brunswick Heads.
74. Swim between the flags on our patrolled surf beach to avoid rips.
75. Snorkel around the rockwalls at Torakina Beach or try a Stand Up Paddle.
76. Take an aqua aerobics class or have a swim in the heated pool at Bruns Fitness Centre.
77. Cool off at the Mullum Pool and jump on the fun inflatables during holidays.

ARTISTIC ENDEAVOURS

78. Chat to Roz at Mina Mina Gallery and learn all about indigenous art.
79. Visit village potter Lucy Vanstone at the Wheel of Life Gallery and enquire about a craft class at Into the Woods while you're there.
80. Make an appointment with Jill, the local jeweller at Artistic Bent to create beautiful jewellery for yourself or loved ones.
81. Perch yourself on the gorgeous mosaic seat outside the Catholic Church on Tweed St, depicting local flora and fauna.
82. Admire the photos hanging in the shop windows in the Simple Pleasures Photo Competition during September.
83. Have your sandals and boots handmade at Peace by Piece, or head to Made in Mullum to see 1 shop, with 11 makers and every treasure 100% handmade.

PAMPER YOURSELF

84. Try acupuncture, Chinese herbals, sound therapy or Reiki at Bayside Acupuncture, or visit Ocean Shores Health & Kinesiology.
85. Enjoy a remedial massage, osteo or cranial sacral treatment from Brunswick Heads Osteopathy.
86. Relax with a soothing massage from Brunswick Heads Massage or Ocean Shores Zen Massage.
87. Discover a world of fine botanical scents at Perfume By Nature.
88. Treat yourself to a pamper at Ozone Beauty or Michaela's Hair & Beauty, or a hip new hair cut at The Doll House or Michaela's.
89. Pick up sun and insect protection from the Brunswick Heads Pharmacy and the Visitor Centre.

ENJOY OUR COMMUNITY FESTIVALS AND EVENTS

90. Get married, have a christening or celebrate a reunion or special occasion. Celebrant Rosemary Logan can assist with your weddings, funerals and other ceremonies.
91. Enter the Fishing Comp at the Fish 'n Chips Festival (Jan).
92. Watch chips fly at the unique Woodchop Carnival (Jan).
93. Roll up to the Bruns Picture House mixed arts venue for live theatre, kids shows, circus performances and films.
94. Enter the 10km Mullum2Bruns Paddle fun or challenge sections (May).
95. Treasure hunt at the award-winning Old & Gold Festival (June long wknd)
96. Marvel at the stunning 'Back to Bruns' Hot Rods gracing the streets in July.
97. Enter the Byron to Bruns walk or run along the beach (August).
98. Snap some photos of Bruns for the 2016 Photo Comp.
99. Experience Melbourne Cup Day at the pub or Bowlo, Bruns style (Nov).
100. Join in the Twilight Christmas Market celebrations with Santa and fireworks (Dec).

AND FINALLY

101. Just relax...and enjoy...the Simple Pleasures of Brunswick Heads!

BEYOND BRUNSWICK

If you have time to take a trip further afield, the following towns are a day trip away by car. Hire cars and toll payments are available at the Caltex. Byron Easy Bus, Xcede Bus & Taxis or Blanch's BVC can take you beyond Brunswick. Byron and Beyond magazines with free maps and information on nearby towns are available at the Visitor Centre.

Ocean Shores	5 mins	Lismore	40 mins
Byron Bay	15 mins	Tweed Heads	30 mins
Mullumbimby	10 mins	Murwillumbah	40 mins
Newrybar	25 mins	Lower Gold Coast	35 mins
Ballina	35 mins	Gold Coast theme parks	1 hour
Alstonville	40 mins	Brisbane	1.5 hours

Book your ticket on the Green Frog 'hop on, hop off' bus and discover all the magic of the Byron Shire. This new service will complete 4 loops per day, 7 days a week, with stops at Bruns, Mullumbimby, Crystal Castle, Bangalow, Suffolk Park and Byron Bay. Departs Brunswick Heads Visitor Centre at 9.35am, 11.35am, 2.35pm and 4.35pm. Each loop takes 2 hours, allowing stops at up to 3 destinations per day. Purchase tickets online or at the Visitor Centre.

Collect a Brunswick Accommodation Guide and plan your next stay in one of the fabulous holiday houses, units and serviced apartments, holiday parks, motels, retreats or the pub. Planning a wedding or event? See the A - Z Weddings & Events Directory on the Brunswick Heads website.

For further information, bookings and souvenirs drop in to the Visitor Centre at 7 Park St (02 6685 1003)

 **Brunswick Heads.** Visitor Centre.  **Brunswick Heads.** Chamber of Commerce.

CORPORATE PARTNERS



101 Things to do in BRUNSWICK HEADS



www.brunswickheads.org.au

Brunswick Heads. Simple Pleasures.

RIGHT IN TOWN

1. Pick up visitor maps and guides from the Visitor Centre and find out all about Brunswick's Simple Pleasures from the friendly volunteer team.
2. Window shop or take home beautiful fashions, homewares and gifts from Mimi & Flo, Oh My Goddess, Peligucci, Silver Dragon, Whatever, Saffron Home Essentials, Peace by Piece, Mandorle, Lazybones, Torakina Daze, Fabulous Mrs Fox, Violetta's Shoes and Sunshine Trader.
3. Have a coffee, enjoy fish 'n' chips, freshly baked bread, breakfast, lunch or dinner at the pub, Footbridge Café, Terrace Espresso Bar, Park St Homemade Pasta Bar, Torakina Café, Fleet, Sticky Fingers Pizzeria, Happy Dolphin, Table View, The Milk Bar, Jones & Co, Fat Belly Kaf, Brunz Curry & Kebabs, Gringo's Fresh Mex, Yami Middle Eastern, Bruns Hot Bread, Bernardi's Gelato or the Bean Exchange at Clem's Cargo.
4. Stock up the pantry or picnic hamper at the IGA Supermarket, Village Greens or Brunswick Health Foods.
5. Fossick for treasures in Clem's Cargo, Sentimental Treasures, Resould, The Big Fish, Fabulous Mrs Fox, Bruns Kids, Valiant Music or the 62 shops on the Northern Rivers Secondhand Trail.
6. Wrap yourself in a luxurious towel, treat yourself to a momento or take home a Simple Pleasures' inspired souvenir from the Visitor Centre.
7. Kick back to Sunday arvo free music or play pool at the Hotel Brunswick.
8. Buy a book or magazine to read at Park St News. Exchange or buy a secondhand novel at the Visitor Centre, or browse the library shelves.

FORGET THE CAR AND USE YOUR LEGS

9. Do a walking tour of the town with your free map from the Visitor Centre.
10. Amble to the end of the breakwall or get up early and watch the sunrise.
11. Walk your dog along the beautiful beach south of the Surf Club.
12. Take a stroll along the foreshore and over the highway bridge to the Nature Reserve on the north side and along Oyster Lease Rd.
13. Buy a cheap exchange bike from Phil at Bruns Recycles and explore the town.

BE A SPECTATOR

14. Watch the boats come in and out of the bar and spot dolphins and whales from the Brunswick breakwall early at dawn and dusk in season.
15. Take a personal tour of the Marine Rescue Tower and learn about the dangers of the bar and the history of the shipwrecks.
16. Enjoy watching a local cricket, soccer or footy game at the sportsfields.
17. Watch the sea eagles swoop the beach, listen to the cheers of rainbow bee-eaters or admire the pelican, whose beak holds more than his belly can; or visit the aviary at the Terrace Caravan Park. Find out about the local Byron Bird Buddies group on a tour with Rainforest River Cruises.
18. Take in the breathtaking views over Bruns and beyond from the Ocean Shores lookout at Devine's Hill.
19. Visit the lighthouse at Byron Bay, Australia's most easterly point, and learn about the Cape Byron Marine Park.
20. Peruse the windows of Siwicki, Professionals, L J Hooker and Byron Shire Real Estate agencies and dream about coming back or retiring to Brunswick Heads.

LAND ACTIVITIES

21. Visit the Bruns markets (first Sat of each month), the North Byron Farmers Markets in New Brighton (Tues) and Mullumbimby (Friday).
22. Stargaze every 1st quarter moon with Starry Night Planetarium.
23. Picnic or BBQ in the parks and kick a ball or throw a frisbee.
24. Play Bingo Mondays and Thursdays at the Bowlo or play Housie every night over the Christmas holidays in the big tent in Banner Park.
25. Pitch a tent at one of our three North Coast Holiday Parks and update your gear at Byron Bay Camping & Disposals.
26. Enjoy fish 'n' chips at the Boat Harbour, Starfish or the Fish Bar.

GET HEALTHY OR STAY HEALTHY

27. Visit Brunswick Heads Medical Centre, Brunswick Osteopathy, Brunswick Pharmacy or the naturopath at Brunswick Health Foods for health advice.
28. Book the tennis court at Network Video and have a hit or lesson.
29. Join a morning Gym on the Run session on the beach with Rick (Mon, Wed, Fri).
30. Improve your wellbeing at Yoga by Nature or WizOwl Yoga or take a fitness class, play squash and have a sauna or swim at Bruns Fitness Centre.
31. Play a free game of barefoot or mufti lawn bowls at the Bruns Bowlo.
32. Walk/ride from Bruns to Byron along the beach (2.5hrs) or ride (1hr).
33. Play golf at the internationally recognised Ocean Shores Country Club.
34. Ride a horse along the beach with Pegasus Park Equestrian Centre.

ADVENTURE ACTIVITIES

35. Enjoy the beauty of the Rainbow Region on a daily sunrise flight with Byron Bay Ballooning.
36. Book a dive in the Cape Byron Marine Park with Byron Bay Dive Centre.
37. Learn to surf like a local with lessons from Mojo Surf.
38. Get into the wild at Currumbin Wildlife Sanctuary and weave through the trees on the Green Challenge. Or go on a wild ride with Sky Dive Byron Bay.
39. Walk the fire trail and beach through Tyagarah Nature Reserve starting from the surf club, do the big hike up Mr Warning at sunrise or bushwalk around Crystal Creek Rainforest Retreat.

DAY TRIPPING

40. Hop on and off the Green Frog shuttle bus departing from the Bruns Visitor Centre four times a day, going in a loop to Mullumbimby, Crystal Castle, Bangalow, Suffolk Park, Byron and back again.
41. Delight in unusual and exotic fruits, see the animals, take a mini train ride and feed the ducks while cruising on the lake at Tropical Fruit World.
42. Discover the Byron Beach Café overlooking Julian Rocks and enjoy eating and drinking from the deck restaurant, all-day casual café or park kiosk.
43. Make a day of it for a round of golf at the magical Teven Valley Golf Course.
44. Visit Pocket Park Produce for a fun farm experience where you can also pick your own organic veggies. Or stop in at Mullumbimby Community Gardens for some gardening, composting and conservation tips.
45. Wind your way north over the Burringbar Range to visit Tweed Regional Gallery, or take a coffee tasting or roasting tour at Wirui Estate.

FOR BUSINESS

46. Book a meeting, conference or event at Torakina Café, Footbridge Café, Happy Dolphin Cafe, Hotel Brunswick, the Bowling Club, Ocean Shores Country Club or Ocean Shores Tavern. Organise catering from Kristina's Tasty Catering or the High Tea Ladies, or book the Bean Van for tasty, mobile coffee.
47. Use the internet at Bruns Library and free wireless at the pub or on the Green Frog.
48. Book your next travel adventure with Dare & Turner Travel.

HISTORY AND NOSTALGIA

49. Visit the Brunswick Valley Historical Society Museum in Mullum on Fridays. Do a one hour self-guided tour of Bruns. Buy a historical book at the Visitor Centre and learn all about our fascinating local history.
50. Appreciate the 1940's architecture and decor at the Hotel Brunswick. Admire the old photos in the pub foyer or at the bakery.
51. Rest your weary legs on the Frank Mills seat, dedicated to our town's long-serving historian.
52. Wander through the gravestones in the old cemetery at Pilgrim Park.

KID'S STUFF

53. Pick up your Fairy Trail clues from the Visitor Centre and discover the little fairy houses nestled into nature and interesting places around town.
54. Meet all the other kids at the Banner Park riverside playground or fly a kite in the park on a windy day. The Visitor Centre sells kites for all ages.
55. Go swimming and build sandcastles at Torakina Beach, or chase soldier crabs along the river flats at low tide.
56. Ride your skateboards, bikes and scooters at the Bruns skatepark.
57. Join in story time at the Library on Monday mornings at 10.30am.
58. Enjoy nostalgic rides and stalls at McGregor's Family Carnival in Banner Park in December and January.
59. Treat the kids to an ice cream at Bernardi's Gelato or The Milk Bar.
60. Try the trapeze and other circus fun with Circus Arts (at Byron Arts and Entertainment Centre).
61. Discover the jewel of Byron, Crystal Castle and Shambhala Gardens. A magical place of giant crystals, sacred statues, stunning rainforest & gardens, unique jewellery, fresh food and plenty for the kids too. Enrich your spirit.
62. Meet Diesel the wombat, hand-feed the kangaroo family, ride the train and play mini golf at Macadamia Castle.
63. Get lost in a maze and try indoor puzzles at Amaze 'n' Place (school holidays).
64. Pick up some games for rainy days from the Visitor Centre.
65. Hire a car seat, pram, stroller, cot or even toys from Bruns Kids.
66. Visit Hosanna Farmstay to see the glow worm tunnel, play farmers golf, jump off the diving pontoon, make damper or go canoeing.
67. Get crafty at Into the Woods handmade collective art and craft studio.

