

ARTISTIC ENDEAVOURS

68. Visit or attend a workshop at the Wheel of Life Pottery Gallery.
69. Print out your holiday snaps to create your own postcards and lasting memories at Print Rescue.
70. Check out the new Youth Seat made from earth bags at the Bruns Skate Park and admire the handy work of local artists and students.
71. Perch yourself on the gorgeous mosaic seat outside the Catholic Church on Tweed St, depicting local flora and fauna.
72. Admire the photos hanging in the shop windows in the Simple Pleasures Photo Competition during September.
73. Discover music – listen to vinyl on the old school record player or book a piano, sax or guitar lesson at Valiant Music

PAMPER YOURSELF

74. Book in to Ozone Beauty & Medi Spa for a natural healing facial or body treatment to renew vitality and leave you looking and feeling more youthful.
75. Try acupuncture, Chinese herbals, sound therapy or Reiki at Bayside Acupuncture.
76. Enjoy a remedial massage, osteo or cranial sacral treatment from Brunswick Heads Osteopathy.
77. Relax with a soothing massage from Brunswick Heads Massage.
78. Treat yourself to a new look at the nurturing Michaelas Hair and Beauty or contemporary hair stylist, Social Alibi.
79. A holistic healing consultation or join in a Yoga for Everyone Class at the Be Well Clinic in Billinudgel.
80. Visit Ocean Shores Kinesiology for Remedial Massage, Kinesiology and Flower Essences.

ENJOY OUR COMMUNITY FESTIVALS AND EVENTS

81. Get married, have a christening or celebrate a reunion or special occasion.
82. Enter the Fishing Comp at the Fish 'n Chips Festival (Jan).
83. Watch chips fly at the unique Woodchop Carnival (Jan).
84. Roll up to the Bruns Picture House mixed arts venue for live theatre and cabaret, kids shows, circus performances and films.
85. Enter the 10km Mullum2Bruns Paddle fun or challenge sections (May).
86. Hunt for treasure at the award-winning Old & Gold Festival (June long wknd).
87. Marvel at the stunning 'Back to Bruns' Hot Rods gracing the streets (July).
88. Enter the Byron to Bruns walk or run along the beach (August).
89. Get the camera out and snap some photos for the 2020 Photo Competition.
90. Experience Melbourne Cup Day at the pub, Bowlo or Ocean Shores Country Club, Bruns style (Nov).
91. Attend one of our famous local music festivals, Blues Fest (Easter), Falls Fest (Dec/Jan), Splendour in the Grass (July), Mullum Music Fest (Nov).
92. Join in the Twilight Christmas Market celebrations with Santa and fireworks (Dec) and McGregors Carnival.



DAY TRIPPING

93. Visit the lighthouse at Byron Bay, Australia's most easterly point.
94. Delight in unusual and exotic fruits, see the animals, take a mini train ride and feed the ducks while cruising on the lake at Tropical Fruit World.
95. Discover Beach Byron Bay restaurant with daily breakfast and lunch, seven days.
96. Visit our boutique breweries and distilleries on a tour with Behind the Barrel.
97. Head to the Ocean Shores Country Club and enjoy a cocktail on the new deck with the best views on the coast.
98. Wind your way north over the Burringbar Range to visit Tweed Regional Gallery and the Margaret Olley Art Centre. Enjoy lunch at Mavis's Kitchen Murwillumbah, with stunning views of Wollumbin Mount Warning.
99. Book a tour of Husk Distillers in the heart of the Tweed Caldera and enjoy a rum cocktail for happy hour.
100. Drop into Stone & Wood brewery's tasting room at the Byron Arts & Industry Estate. Grab a tasting paddle or book a tour.

AND FINALLY

101. Just relax...and enjoy...the Simple Pleasures of Brunswick Heads!

BEYOND BRUNSWICK

If you have time to take a trip further afield, the following towns are a day trip away by car. If you're flying into Gold Coast Airport, hire a vehicle at Economy Rental Cars. Daily flights now operate in and out of the Ballina Byron Gateway Airport. For transport to and from the airports, see the Visitor Centre and get information or book your next trip on Byron Easy Bus, Go Byron Bus & Taxis or Blanch's BVC. Byron and Beyond magazines with free maps and information on nearby towns are available at the Visitor Centre.

Ocean Shores	5 mins	Tweed Heads	30 mins
Byron Bay	15 mins	Murwillumbah	40 mins
Mullumbimby	10 mins	Currumbin	35 mins
Ballina	35 mins	Gold Coast theme parks	1 hour
Alstonville/Lismore	40 mins	Brisbane	1.5 hours

Collect a Brunswick Accommodation Guide and plan your next stay in one of the fabulous holiday houses, units and serviced apartments, holiday parks, motels, retreats or the pub.

For further information, bookings and souvenirs, drop in to the Visitor Information Centre at 7 Park St, ph 6685 1002.

 **Brunswick Heads.** Visitor Information Centre.

CORPORATE PARTNERS



Brunswick Heads. Chamber of Commerce.

101 Things to do in BRUNSWICK HEADS



www.brunswickheads.org.au

Brunswick Heads. Simple Pleasures.

RIGHT IN TOWN

1. Pick up visitor maps and guides from the Visitor Centre and find out all about Brunswick's Simple Pleasures from the friendly volunteer team.
2. Refresh your look with a new outfit from one of Bruns's fashionable boutiques including Torakina Daze, Portia's Will, The Bruns Shop, Violettas Shoes, Lazy Bones and Clems Marketplace.
3. Take home beautiful homewares or gifts from Saffron Home Essentials, Fabulous Mrs Fox or the Bruns Post Office.
4. Have a coffee, breakfast, lunch or dinner at the pub, Footbridge, Park St Pasta Bar, Bruns Bakery, Sticky Fingers, Dolphin Café, Jones & Co, Bruns Indian, Yami, Bernardi's Gelato, Trawlers, Hoopers, In The Pink and Old Maids.
5. Stock up the pantry or picnic hamper at the IGA Supermarket, Village Greens, Brunswick Health Foods or Bottle & Hoop.
6. Fossick for vintage and retro treasures in Clem's Marketplace, Resould, Fabulous Mrs Fox or Valiant Music.
7. Shop for a Brunswick Heads souvenir towel, t-towel, t-shirt and check out range of made in Bruns and Bruns inspired merchandise at the visitor centre.
8. Enjoy a drink in the beer garden at the Hotel Brunswick, a cocktail at Trawlers Bar and Kitchen or catch a show at the Brunswick Picture House.
9. Pick up a newspaper or magazine from Bruns News, IGA Supermarket, the Post Office or Caltex or buy a secondhand novel at the Visitor Centre.

FORGET THE CAR AND USE YOUR LEGS

10. Do a walking tour of the town with your free map from the Visitor Centre.
11. Amble to the end of the breakwall or get up early and watch the sunrise.
12. Walk your dog along the beautiful beach south of the Surf Club.
13. Take a stroll along the foreshore and over the highway bridge to the Nature Reserve on the north side and along Oyster Lease Rd.
14. Grab an Historical Walks map from the Visitor Centre and take a leisurely stroll down memory lane or the Seachange T.V. Show trail.

BE A SPECTATOR

15. Watch the boats come in and out of the bar and spot dolphins and whales from the Brunswick breakwall early at dawn and dusk in season.
16. Take a personal tour of the Marine Rescue Tower and learn about the dangers of the bar and the history of the shipwrecks.
17. Enjoy watching a local cricket, soccer or footy game at the sportsfields.
18. Watch the sea eagles swoop the beach, listen to the cheers of rainbow bee-eaters or admire the pelican, whose beak holds more than his belly can. Find out about the local ecology and wildlife on a Brunswick River tour with the award winning Rainforest River Cruises.
19. Take in the breathtaking views over Bruns and beyond from the Ocean Shores lookout at Devine's Hill.
20. Peruse the windows of Elders, North Coast Lifestyle Properties, LJ Hooker and Byron Shire Real Estate agencies and dream about coming back or retiring to Brunswick Heads.

LAND ACTIVITIES

21. Visit the Bruns markets (1st Sat of month), the North Byron Farmers' markets in New Brighton (Tue) and Mullumbimby (Fri).
22. Go on a journey into the untouched temperate rainforests of the Nightcap National Park with Wild Byron.
23. Enjoy fish n chips overlooking the river at Hotel Brunswick or Hoopers Burgers and Fish & Chippery.
24. Play Bingo on Monday, Trivia night on Tuesday or enjoy a game of barefoot bowls on Sunday at the Brunswick Bowling Club.
25. Pitch a tent at one of our three riverfront Reflections Holiday Parks – Terrace Reserve, Massy Greene or Ferry Reserve or let 'Glamp Oz' or Retropod set up a vintage caravan or glamorous tent for you.
26. Picnic or BBQ in the parks and kick a ball or throw a frisbee.
27. Enjoy the Housie Tent in Banner Park with the kids over the Christmas School Holidays.

HEALTH AND WELL BEING

28. Visit Brunswick Heads Medical Centre, Brunswick Osteopathy, Brunswick Heads Physio, Brunswick Heads Pharmacy for health & wellbeing advice.
29. Nourish your body with Ayurvedic consultation and infrared sauna at Pura Vida Wellness Centre. Heal your soul at the holistic Be Well Clinic in Billinudgel.
30. Join a morning Gym on the Run session on the beach with Rick (Mon, Wed, Fri) or try a personal training session in his private studio.
31. Discover the benefits of holistic health and excellent healthy vegan and vegetarian food at Brunswick Health Foods.
32. Book a squash court, have a swim, do a yoga class or work-up a healthy sweat on the circuit at the Bruns Gym, afterwards enjoy their infrared sauna.
33. Walk/ride from Bruns to Byron along the beach (2.5hrs) or ride (1hr).
34. Play golf at the internationally recognised Ocean Shores Country Club.
35. Join a trail ride with Zephyr Horses.

WATER BASED ACTIVITIES

36. Enjoy the natural beauty of the Brunswick River on a morning or sunset Rainforest River Cruise or try their unique kayak cruise and SUP. A must do!
37. Get a fishing licence at the IGA Supermarket or Bruns Beach, Bait & Tackle and a fishing map from the Visitor Centre.
38. Take a kayak tour with Go Sea Kayak's expert guides or hire a kayak (on-line) and take yourself for leisurely paddle up the river.
39. Head out on a whale watching cruise (in season) with Blue Bay Whale Watching or Wild Bryon out of Brunswick Heads. If heading to Byron try Byron Bay Whale Watching.
40. Join a stand up paddle tour of the Brunswick River with Byron Stand Up Paddle or Let's Go Surfing. Or if in Byron with Cape Byron Kayaks. Pick up a brochure or book in at the Visitor Centre.
41. Go Snorkelling with Wild Byron or whale watching in season. Ask them about their beautiful rainforest tours too!
42. Swim between the flags at our patrolled surf beach to avoid rips.
43. Learn to surf like a local with Let's Go Surfing.

ADVENTURE ACTIVITIES

44. Step back in time to the 1940s and fly over Byron at sunrise in a fully restored De Havilland Tiger Moth.
45. Book a dive or snorkel tour with Byron Bay Dive Centre.
46. Take a leisurely time out and see the area from above with Byron Bay Ballooning.
47. See and do more at Currumbin Wildlife Sanctuary. For those who dare, try the Tree Top Challenge Croc Shock, where you zip line over crocodiles.
48. Make the jump and see Bruns from the air with Skydive Australia.
49. Walk the fire trail and beach through Tyagarah Nature Reserve starting from the surf club.

KID'S STUFF

50. Pick up your Fairy Trail clues from the Visitor Centre and discover the little fairy houses nestled into nature and interesting places around town.
51. Awaken your child's awareness and kinship with nature and enjoy the holiday programme with Bruns Bush School.
52. Go swimming and build sandcastles at Torakina Beach - perfect for families.
53. Ride your skateboards, bikes and scooters at the Bruns Skatepark.
54. Join in story time at the Library on Monday mornings at 10.30am.
55. Enjoy nostalgic rides and stalls at McGregor's Family Carnival in Banner Park in December and January.
56. Treat the kids to a delicious gelato at Bernardi's or In the Pink.
57. Try the trapeze and other circus fun with Circus Arts Byron Bay.
58. Discover Crystal Castle and Shambhala Gardens. A magical place of giant crystals, sacred statues, stunning gardens, unique jewellery, fresh food. Kids can now sit inside the Dragon's Egg crystal cave.
59. Meet the wombat and koala, hand-feed the kangaroo family, see the bird show, ride the train and play mini golf at Macadamia Castle.
60. Pick up some games for rainy days from the Visitor Centre.
61. Enjoy the great line up of kids entertainment at the Brunswick Picture House.
62. Visit Hosanna Farmstay and pat the calves, goats, horses, bunnies and guinea pigs. Jump off the diving board into the dam.

HISTORY AND NOSTALGIA

63. Visit the Brunswick Valley Historical Society Museum in Mullum on Tuesdays and Fridays and every 3rd Saturday during the Local Market.
64. Do a one hour self-guided tour of Bruns. Learn about our fascinating local history from the Visitor Centre.
65. Appreciate the 1940's architecture and decor at the Hotel Brunswick.
66. Rest your weary legs on the Frank Mills seat, dedicated to our town's long-serving historian. Or visit the Fishing Seat at the Boat Harbour, celebrating our rich fishing history, both commercial and recreational.
67. Wander through the gravestones in the old cemetery at Pilgrim Park.

